

Meet Ashley Christensen, the new Upper Explorerland Regional Planning Commission Safe Routes to School Liaison!



☺ ISU Graduate— **Go State!**

☺ Passion for physical activity and health promotion

☺ Enjoys cleaning, exercising, cooking, asparagus hunting, meandering around grocery stores, studying the map of Iowa and reading with her cat Frankenstein

Ashley is *your* regional SRTS resource! Feel free to contact her with questions, ideas or just to chat about SRTS. She'd love to hear from you!

Ashley Christensen
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February 2012

- ☺ Howard-Winneshiek Community School District School Wellness Team meeting and Community Forums in Lime Springs and Oelwein
- ☺ Northeast Iowa Community Action Head Start In-service and three Area Education Agency Teacher Wellness classes

March 2012

- ☺ Parent Nights in Cresco and Decorah
- ☺ Student-led Community Walkability Assessment in Waterville
- ☺ Wellness Workshop during the Food and Fitness Initiative Spring Conference
- ☺ Luther College Student-Teacher Human Resources In-service

April 2012

- ☺ SRTS Liaison vacancy
- ☺ Active Living Work Group selects new SRTS Liaison

May & June 2012

- ☺ New SRTS Liaison joins team
- ☺ Spring Travel Tally data entered and report drafted for the region
- ☺ Iowa Trails Summit in Cedar Falls

What's on the SRTS Horizon

- ☺ Finalized Spring Travel Tally Report
- ☺ Increase Walking School Buses and remote drop-off locations
- ☺ UERPC Regional Planner will assist schools and communities with creating SRTS plan to promote safer environments around schools
- ☺ Expanding SRTS efforts into our communities
 - ☺ Initial SRTS work built support within schools and among school staff
 - ☺ Now it's time to spread the SRTS message throughout the community
 - ☺ Start reaching out to community leaders, organizations and residents to continue SRTS progress

YOU, as county team leaders, are our *best resource* in making community connections! We look forward to working closely with you as we expand our SRTS efforts!

