



**County Teams
March 2010
Participant Version**

NE Iowa F&F Initiative's Working VISION:

Northeast Iowa is a unique place where all residents & guests experience, celebrate and promote healthy locally grown food with abundant opportunities for physical activity and play EVERY DAY. Healthier people make stronger families and vibrant communities.

Welcome & Introduction Activity:

- *When is the last time you ate a school meal? What was it?*

Summary of Program and Discussion:

- NE Iowa Farm to School Project: Students eating local and supporting local producers – by Farm to School team members
 - **Discussion :**
 - What are your initial thoughts of the Farm to School program and its goals?
 - How do we get from where we are to where we want to be, in regards to school lunches? Perceived barriers...
 - What education currently exists in schools that teach students about where their food comes?
 - How would the Farm to School Program involve the entire community? In what ways would this benefit the community, its farmers, its students, and others?
 - **Next Steps:**
 - How do you think you can become involved? (Here is a list of ideas, but don't feel confined to this list, we encourage thinking outside the box!)
- Recruit community members/businesses to volunteer in the garden or donate garden tools and equipment.
- Appoint a Farm to School community liaison (ideally somebody connected with the school who could relay messages to county team members).
- Are you a local a producer or do you know any that would be interested in selling food to schools?
- Attend school board meetings and advocate for Farm to School.
- Inquire about Farm to School programs at schools.

FFI February Update – Work Group Updates – Summary (www.iowafoodandfitness.org)

Active Living - Safe Routes to School

- Follow up from February discussion; How can you become involved in promoting walkable-bikeable communities?

Review: Role of County Teams in Implementation

- **Community Engagement around the FFI Vision**
- **Advocacy for Policy and System Change**
- **Participatory Evaluation**

Individual County Updates/Agenda Items:

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Action Items :

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Next County Planning Team meeting:

Date: April _____

Agenda Items :

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Meeting Reflection:

What went well at the meeting?

How might we improve the process for the next meeting?

**Thank you for your participation in the
NE Iowa Food & Fitness Initiative!!!**

For more information and updates please visit: www.iowafoodandfitness.org