

ISD #347

000802 - CUCUMBER SALAD : ISD 347 F2S	Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
HACCP Process: No HACCP Process Number of Portions: 50 Size of Portion: 1/2 CUP Alternate Recipe Name: Fresh Cucumber & Onion in Sour Cream				? - Milk ? - Egg ? - Peanut ? - Tree Nut ? - Fish ? - Shellfish ? - Soy ? - Wheat

Ingredients	Measures	Instructions
011206 CUCUMBER,PEELED,RAW... 011282 ONIONS,RAW.....	5 lbs 8 ozs	1. Wash cucumbers and onions. Slice into thin slices.
001179 SOUR CREAM,LIGHT..... 900230 Mayonnaise..... 002047 SALT, TABLE..... 019335 SUGARS,GRANULATED..... 002053 VINEGAR,DISTILLED.....	1 lb + 8 ozs 1 lb + 8 ozs 1/2 Tbsp 3 Tbsp 3/4 cup	2. Blend rest of ingredients to form a thin cream dressing. 3. Pour over cucumbers and onions. Mix lightly. CCP: Hold and Serve at 41° F. or colder.

Calories.....	120	Iron.....	0.19 mg	Protein.....	0.93 g	Protein.....	3.10%
Cholesterol..	13 mg	Calcium....	29.30 mg	Carbohydrates	3.13 g	Carbohydrates.	10.42%
Sodium.....	155 mg	Vitamin A..	115.5 IU	Total Fat....	11.73 g	Total Fat.....	87.90%
Dietary Fiber	0.39 g	Vitamin A..	115.5 RE	Saturated Fat	2.04 g	Saturated Fat.	15.29%
		Vitamin C..	1.9 mg	Trans Fat....	0.00* g	Trans Fat.....	0.00%

* - Denotes Missing Nutrient Values